



We are a welcoming Christian community which embraces all people.
 We support each other to grow in faith and create a loving and compassionate community.
 We aspire to live as Christ's witnesses of God's unconditional love.

NINETEENTH SUNDAY IN ORDINARY TIME

11 - 8 - 24

This week: 1 Kings 19:4-8; Ephesians 4:30 - 5:2; John 6:41-51

Next week: Proverbs 9:1-6; Ephesians 5:15-20; John 6:51-58



*'The bread that I shall give is my flesh,
 for the life of the world.'*

Jesus' words indicate that his presence amongst us in the Eucharist is *for* something, is for a purpose:

it is for the life of the world.

The Eucharist is celebrated so that Jesus can bring life to the world.

And *we* are a *eucharistic people*; we are the people who celebrate the Eucharist: which means that *we* are *for something*: we are for the life of the world:

that we, if we really are a eucharistic people,

are meant to bring life to those around us, to the world around us.

Which means that the Eucharist, whenever we celebrate it, asks us questions about resisting judgement and condemnation of others, working for justice and equity, a commitment to compassion and the common good.

If the Eucharist is *for the life of the world*,

then we, the eucharistic people, have to consider our own commitment to those issues, and many others like them.

Do we live it out in our attitudes and our actions?

Is the Eucharist for the life of the world?

Fr Colin



THE SOLEMNITY OF THE ASSUMPTION OF OUR LADY

**this Thursday 15th August
 (a holy day of obligation)**

Mass will be celebrated at:

★ 10am at Lindfield (our Parish School will also join us)

★ 7:00pm at Killara



COMBATING HOMELESSNESS TOGETHER

CatholicCare & Diocese of
 Broken Bay Parishes

Please donate to CatholicCare's
 Diocesan homelessness services
 this weekend on
 10 & 11 August 2024

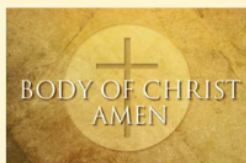
www.catholiccareddb.org.au/homelessness

There is no place like home – but for many having a home is not a reality. The causes may be diverse but the impact is the same – a loss of dignity and a sense of hopelessness.

Few people choose to be homeless and the longer a person remains homeless, the more difficult it is to return to mainstream society. With your generosity we are able to provide meals, a place to shower and wash clothes, and somewhere for people who are homeless or transient to come and to connect with supports and community.

ENROLMENTS FOR THE PREPARATION PROGRAMME FOR FIRST HOLY COMMUNION

are now open !



Go to: www.trybooking.com/bjnan

*As we gather in worship on this day we acknowledge the Traditional Owners of the land on which our parish is found.
We pay our respects to Elders past and present.*

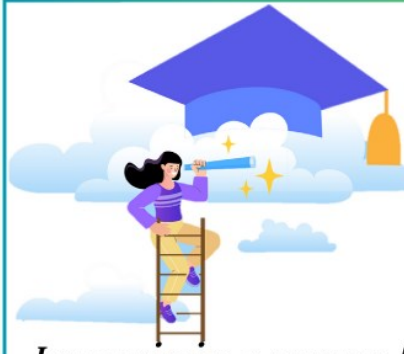


Parish Pizza Night

*every 3rd Sunday of the month
after the 6pm Youth Mass.*

**Next Pizza Night:
next Sunday 18th August**

*Please come along and help us build our
parish community.*



2nd Annual Careers Fair

Imagining your future

Subject & University Degree selection
Job roles & Career path planning

A 2 hour program for Years 7 - 12, & university students

Occupation including:

- Cyber: Police Security
- Finance, Law
- Musicians
- Healthcare practitioners
- Data & Analytics
- Engineers, Product Designers

Speakers including:

- Current university students
- Working graduates
- Industry leaders

2-4pm, Sunday 22 September 2024

Mary Mackillop Hall, Holy Family School
cnr Highfield Rd & Pacific Hwy, Lindfield

Presented by
**Parish Pastoral
Council**, and:



**YOUNG
ADULTS**



To register for the event,
scan the QR code, or visit:

<https://t.ly/ryWvx>

Pope Francis' August Prayer Intention

Jesus, contemplating you in the Gospel makes us tremble, walk and be with you. We see you speaking with authority, taking comfort and clarity to the hearts, serving on your knees and welcoming all, washing the disciples' feet, you taught us to share loaves and fishes to feed one another. You told us that, if we want to be first, we should learn to be last. You gave us an example of care and respect for women and children, the fragile ones of your time. Give to the politicians who lead your people, a heart like yours, so that they may perform their political task as a mission at the service of your sons and daughters, with self-sacrifice, dedication and gratuity. May they give priority to the most fragile, and put them at the center above all other interest. Amen.



Francis

Our Memorial Walls

As you know we have Memorial Walls in each of our two churches. A Mass is celebrated each November for those whose names are on the Memorial Walls.

The dates for the Masses this year are:

** at Killara - at the 5:30pm Vigil Mass on Saturday 16th November*

** at Lindfield - at the 10:15am Mass on Sunday 10th November*



Ordering Memorial Plaques:

If you would like to order one or more Memorial Plaques for either church, please contact the Parish Office. You can also find out more about the plaques and download the forms required for ordering the plaques by visiting our parish website and going to 'Our Parish' → 'Memorial Walls'.

For the plaques to be in place for this November you would need to have your order in Tuesday 17th September.

Any new plaques will be blessed as part of one of the above-mentioned Masses.



Food for the spirit

MEETING GOD WITHOUT FEAR

I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world. (Jn 6:51)

What would you feel if God suddenly walked into a room? Fear? Shame? Joy? Apprehension? Panic? A desire to hide? Relief when God finally left?

Indeed, how would we even recognize God, should God walk into a room?

Jane Tyson Clement, a poet and a member of the Bruderhof community, fantasizes about what might run through her mind and heart if Jesus suddenly walked up to her. In a poem entitled, *Vigil*, she writes:

*What would I do, O Master,
if you came slowly out of the woods.*

Would I know your step?

Would I know by my beating heart?

Would I know by your eyes?

Would I feel on my shoulder too, the burden you carry?

*Would I rise and stand still till you drew near
or cover my eyes in shame?*

*Or would I simply forget everything
except that you had come and were here?*

(Jane Tyson Clement, *Vigil*)

Those last lines highlight the most important of all truths, namely, that God is love and only by letting that kind of love into our lives can we save ourselves from disappointment, shame, and sadness.

I don't often remember my dreams, nor do I set much stock by them, but, several years ago, I had a dream that I both remember and set some stock by. It went something like this:

For whatever reason, and dreams don't give you a reason, I was asked to go to an airport and pick up Jesus, who was arriving on a flight. I was understandably nervous and frightened. A bevy of apprehensions beset me: How would I recognize him? What would he look like? How would he react to me? What would I say to him? Would I like what I saw? More frightening yet, would he like what he saw when he looked at me?

With those feelings surging through me, I stood, as one stands in a dream, at the end of a long corridor nervously surveying the passengers who were walking towards me. How would I recognize Jesus and would his first glance at me reflect his disappointment?

But this was a good dream and it taught me as much about God as I'd learned in all my years of studying theology. All of my fears were alleviated in a second. What happened was the opposite of all my expectations: suddenly, walking down the corridor towards me was Jesus, smiling, beaming with delight, coming straight for me, rushing, eager to meet me. Everything about him was stunningly and wonderfully disarming. There was no awkward moment; everything about him erased that. His eyes, his face, and his body embraced me without reserve

and without judgement. I knew he saw straight through me, knew all my faults and weaknesses, my lack of substance, and none of it mattered.

And, for that moment, none of it mattered to me either. Jesus was eager to meet me! In that moment, as Jane Tyson Clement suggests, one forgets everything, except that God is here. There's no place for fear or shame or wondering what God thinks of you.

And that's a lesson we must somehow learn, somehow experience.

We live with too much fear of God.

Partly its bad theology, but mostly we fear because we've never experienced the kind of love that's manifest in God and we take for granted that anyone who sees us as we really are (in our unloveliness, weaknesses, pathology, sin, insubstantiality) will, in the end, be as disappointed with us as we are with ourselves.

At the end of the day we expect that God is disappointed with us and will greet us with a frown. The tragedy and sadness here is that, because we think that God is disappointed in us, especially at those times when we are disappointed with ourselves, we try to avoid meeting the one person, the one love, and the one energy, God, that actually understands us, accepts us, delights in us, and is eager to smile at us. We are relieved that we never have to pick up Jesus at an airport. That's also true of church: we stay away from church exactly at those times when we would most need to be there.

A prairie poet and former Oblate confrere, Harry Hellman, gets the last word on this. He puts it well:

Let's go back to the weather.

*Most days you don't notice there is any
until you fall into love, and/or sin,
and then you see the clouds and stare holes into heaven,
looking for Christ*

*when he's really at your shoulder looking for you
and in such great shape, you'd never believe what he's
been through.*

*Then before you know how it happened, it's July again or
August*

*and you have time to do what you should have been doing
all your life,*

*sitting or walking on the grass in bare feet
and loving...*

*then you're all petals once more, and tendrils
till the storm breaks
your heart.*

And the biggest piece goes to heaven, and to hell with the weather.

*Fr Ron Rolheiser OMI (from the Center for Liturgy,
University of St Louis)*

For Political Leaders



We pray that political leaders be at the service of their own people, working for integral human development and for the common good, specially caring for the poor and those who have lost their jobs.

Pope Francis, August 2024



PASTORAL WORKS APPEAL Just an advance notice that the first of the three Pastoral Works Broken Bay Appeals for this financial year will take place next weekend and the weekend after.

Hymns for the 19th Sunday in Ordinary Time

ENTRANCE: AS GENTLE AS SILENCE

O, the love of my Lord is the essence
Of all that I love here on earth.
All the beauty I see God has given to me,
And God's giving is gentle as silence.

Every day, every hour, every moment,
Have been blessed by the strength of God's love.
At the turn of each tide, God is there at my side,
And God's touch is as gentle as silence.

There've been times when I've turned from God's presence,
And I've walked other paths, other ways,
But I've called on God's name, in the dark of my shame
And God's mercy was gentle as silence.

Estelle White ©1974, Estelle White. McCrimmon Publishing 67588*

DEDICATION OF THE GIFTS: I HEARD THE VOICE OF JESUS

I heard the voice of Jesus say, "Come unto me and rest.
Lay down, O weary one,
lay down your head upon my breast."
I came to Jesus as I was, so weary, worn, and sad.
I found in him a resting place, and he has made me glad.

I heard the voice of Jesus say, "Behold, I freely give
the living water, thirsty one;
stoop down and drink and live."
I came to Jesus, and I drank of that life-giving stream.
My thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say, "I am the dawning light.
Look unto me, your morn shall rise,
and all your day be bright."

I looked to Jesus, and I found in him my star, my sun,
and in that light of life I'll walk till trav'ling days are done.

Public Domain - Text: Horatius Bonar 1846. Tune: Kingsfold old English folksong 1893

COMMUNION: BREAD OF LIFE

Refrain Bread of life, hope of the world,
Jesus Christ, our brother:
feed us now, give us life, lead us to one another.

As we proclaim your death, as we recall your life,
we remember your promise to return again. **R**

The bread we break and share was scattered once as grain:
just as now it is gathered, make your people one. **R**

We eat this living bread, we drink this saving cup:
sign of hope in our broken world, source of lasting love. **R**

Hold us in unity, in love for all to see;
that the world may believe in you, God of all who live. **R**

You are the bread of peace, you are the wine of joy,
broken now for your people, poured in endless love. **R**

Bernadette Farrell ©1982, OCP. 80555*

RECESSIONAL: HOLY FATHER GOD OF MIGHT

Holy Father, God of might, throned amid the hosts of light
Take our life, our strength, our love,
King of earth and heav'n above.

Hear the songs your people raise,
Songs of joyful thanks and praise,
Calling all created things to adore you, King of kings.

Christ, be with us as we go,
Let this blind world see and know,
Burning in our lives, the sight of its only saving Light.

So, the world will bless your name,
And your kingship all proclaim,
Praising, with the heav'nly host,
Father, Son and Holy Ghost.

Richard Connolly ©1971, Willow Publishing 58f822e17e52c*

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Hymns for the Children's Mass

ENTRANCE: COMPANIONS ON THE JOURNEY

Refrain: We are companions on the jour-
ney,
breaking bread and sharing life;
and in the love we bear is the hope we
share,
for we believe in the love of our God.
We believe in the love of our God.

No longer strangers to each other,
no longer strangers in God's house;
we are fed and we are nourished
by the strength of those who care,
by the strength of those who care. **R**

We have been gifted with each other,
and we are called by the Word of the Lord;
to act with justice, to love tenderly,
and to walk humbly with our God.
To walk humbly with our God. **R**

We will seek and we shall find;
we will knock and the door shall be opened.
We will ask and it shall be given,
for we believe in the love of our God.
We believe in the love of our God. **R**

We are made for the glory of our God,
for service in the name of Jesus,
to walk side by side with hope in our
hearts,
for we believe in the love of our God.
We believe in the love of our God. **R**

Carey Landry ©1985, OCP. 81002*

DEDICATION OF THE GIFTS: WE GATHER AT YOUR TABLE

We come to Your table now

with gifts of bread and wine
We gather at Your table now
with these gifts of our lives

This bread that we bring
we offer now to You
It will be your body
A gift of love from You
This wine that we bring
we offer now to You
It will be our Blood
A gift of love from You
Our lives that we bring
we offer now to You
May we be nourished
through this gift of love from You

*Andrew Chinn ©2012, Butterfly Music** 7203723*

COMMUNION: I AM THE BREAD OF LIFE

Chorus. I am the Bread of Life
Those who come to me shall not hunger
All who believe in me shall not thirst
They shall have everlasting life.

All those who come to me
I will not turn away
I will raise them all
To life on the last day. (**Chorus**)

No one can come to me
Unless they are called
I am the living bread
Given for life, for all. (**Chorus**)

All who eat and drink of me
For my flesh is real food
You will live in me
And I will live in you. (**Chorus**)

*Andrew Chinn ©2017, Butterfly Music** 7081722*

RECESSIONAL HYMN: LORD OF THE DANCE (I DANCED IN THE MORNING)

I danced in the morning when the world
was begun, and I danced in the moon
and the stars and the sun,
and I came down from heaven and I
danced on the earth,
at Bethlehem I had my birth.

Refrain: Dance, then, wherever you may
be. I am the Lord of the Dance, said he.
I'll lead you all wherever you may be,
I will lead you all in the dance, said he.

I danced for the scribe and the Pharisee,
but they would not dance and they would-
n't follow me, I danced for the fish-
ermen, for James and for John, they
came with me and the dance went on. **R**

I danced on the Sabbath and I cured the
lame, the holy people, they said it
was a shame. They whipped and
they stripped and they hung me high,
And they left me there on the cross to die.

I danced on Friday when the sky turned
black: It's hard to dance with the
devil on your back. They buried my
body and they through I'd gone,
but I am the dance and I still go on.

They cut me down and I leap up high:
I am the life that'll never, never die.
I'll live in you if you'll live in me!
I am the Lord of the Dance, said he.

*S. Carter, M. Hayes ©1963, Stainer & Bell** 78529*

THE PRAYERS AND RESPONSES OF MASS

GLORIA:

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Amen

THE PSALM *Ps 33 (34): 2-9*

I will bless the Lord at all times,
God's praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise God's name.
I sought the Lord and the Lord answered me;
from all my terrors God set me free.

Look towards the Lord and be radiant;
let your faces not be abashed.
This poor one called; the Lord heard me
and rescued me from all his distress.

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
They are happy who seeks refuge in God.

THE APOSTLES' CREED

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
(all bow at the following words in bold):
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand
of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen

GOSPEL ACCLAMATION *(John 6:51)*

Alleluia, alleluia! I am the living bread from heaven, says the
Lord; whoever eats this bread will live for ever. Alleluia!

MEMORIAL ACCLAMATION

Save us, Saviour of the world, for by your Cross and
Resurrection you have set us free.

FR RICHARD ROHR OFM'S MEDITATION: ESSENTIAL CONVERSION

Richard Rohr describes how psychology and spirituality affirm the direction of growth.

In the various schemas of development, psychology and spirituality come together beautifully to show us that our growth is going somewhere. The trajectory is toward union: union with God/Reality, with the self (mind, heart, and body), with others, and with the cosmos. All seem to agree that the beginning levels of our consciousness are dualistic, while the later or deeper levels are non-dual and unitive. The only way to move from stage to stage is basically by some form of wounding, failure, or darkness. All seem to agree that we have to go through a period of unknowing (which sounds like faith to me) to know at a more mature level.

But when we listen to the news or look around and within our own hearts, doesn't it seem as if we might be going nowhere? Everyone is on their own to find and create their own personal meaning. It seems we're all condemned to start at zero, with no shoulders to stand on, which makes the human task quite difficult in our relatively short lifetime. It basically doesn't work, especially when we're young and just getting started. In our postmodern age, we have rejected any strong sense of the common good or any Great Tradition. Thus, we are addictively repeating the same patterns that produce trauma, violence, suffering, emotional immaturity, low self-esteem, and far-too-premature deaths.

For our spirituality to be authentic, we must experience things from the inside out instead of just the outside in. In the materialistic and highly overstimulated culture in which so many of us live, we tend to let others define us instead of drawing from our own deep well. (Please do not hear that in an individualistic way; it is finally the exact opposite—which is truly a paradox.) Indeed, the goal of mature religion is to help us die before we die: die to our small or passing self so we can discover our Big Self. All major religions describe this in one way or another: A false and largely self-constructed identity must be surrendered before the True Self can stand radiant and revealed. Jesus said, "Whoever would save their life shall lose it, and whoever shall lose their life for my sake will save it" (Luke 9:24), and "Unless a grain of wheat falls to the ground and dies, it remains a single grain, but if it dies, it shall yield a rich harvest" (John 12:24). This is basic and essential conversion. Good religion and good psychology agree.

Our contemplative practice is a "laboratory" in which we learn to die to our passing identities, emotions, and thoughts so we can receive the always-permanent and perfect mirroring of the Divine gaze. The rest of our life becomes the field in which we live out this participation in Love, bouncing back the gaze of grace to the Other and then having plenty left over for all others besides.

SUNDAY MASS

Killara Church :

5:30pm Vigil 9:00am

Lindfield Church

6:00pm Vigil 8:30 am 10.15am **

12 noon Chinese Mass 6:00pm Youth Mass*

* On the 3rd Sunday of the month the 6pm Youth Mass is followed by a Parish Pizza Night in St Brigid's Hall.

** The 10:15am Mass on the 2nd & 4th Sundays is a Children's Mass, featuring our Children's Choir (followed by morning tea).

WEEKDAY MASS THIS WEEK

NINETEENTH WEEK IN ORDINARY TIME

Mon: 8am Killara

Tues: 8am Killara

Wed: 10am Lindfield (Memoria, St Maximilian Kolbe, martyr)

Thurs.: See page 1 (Solemnity of the Assumption - see p.1)

Fri.: 10am Lindfield

THE SACRAMENT OF RECONCILIATION

Saturdays for 15 mins after Vigil Mass at Killara

Saturdays 5.15 - 5.45pm at Lindfield

THE ORDINARIATE OF OUR LADY OF THE SOUTHERN CROSS
(GATHERING IN OUR CHURCH AT KILLARA):**Mass**

Wednesday 6pm (preceded by Exposition from 5pm)

Thursday 9am Friday 9am Sunday 12 noon

Evensong

4th Sunday of the month 4pm

SUNDAY MASS ROSTER

Saturday		10 Aug.	17 Aug.
Lindfield	6:00 pm	Fr David Strong	Fr Stephen
Killara	5:30 pm	Fr Joey Frez	Fr David Strong
Sunday		11 Aug.	18 Aug.
Lindfield	8:30 am	Fr David Strong	Fr Stephen
Killara	9:00 am	Fr Stephen	Fr David Strong
Lindfield	10:15 am	Fr David Strong	Fr Joey Frez
Lindfield	12:00 pm	Fr Joey Frez	Fr Joey Frez
Lindfield	6:00pm	Fr Joey Frez	Fr Joey Frez

HOW TO CONTACT US

Fr Colin Blayney, Parish Priest

colin@lindfieldkillara.org.au

Fr Stephen Hill, Priest-in-residence 0474 303 261

fr.stephen@me.com

Parish Office Hours: Tue-Fri. ~ 9.30am ~ 4pm

Postal address: PO Box 22, Lindfield NSW 2070

P: 9416 3702

E: parishoffice@lindfieldkillara.org.auParish Website: www.lindfieldkillara.org.au

For all of our staff click on 'Our Parish' on the website.

Holy Family School: 4 Highfield Rd, Lindfield

E info@holyfamily.nsw.edu.au Ph.7256 2141**Ways that you can support our parish**

◆ DIRECT DEBIT CONTRIBUTIONS from your bank a/c::

1st Collection: (providing for the priests of the parish & retired & sick clergy of the diocese):
BSB 062 784 Ac 10000 16242nd Collection: (providing for all the operating costs of the parish): BSB 062
784 Acct 10000 1623

◆ CREDIT CARD: scan this code & then select each of our two collections:

◆ PERIODIC PAYMENTS FROM YOUR CREDIT

CARD: just click on the hotlink box entitled 'Supporting parish finances' on our homepage (www.lindfieldkillara.org.au) or email accounts@lindfieldkillara.org.au for assistance.

◆ The TAP MACHINES are available in our two churches.

6

PARISH DIARY

Every Wednesday:

8:00am Meditation (online)

AUGUST

Sun. 18th after 6pm Mass: Parish Pizza Night
 Fri. 23rd 11:00am Seniors' Social group
 Sun. 25th 10:15am Children's Mass, with Children's Choir, followed by morning tea and kids activities
 Fri. 30th all day Fathers' Day event at Holy Family Catholic Primary

SEPTEMBER

Fri. 6th-Sun. 8th all day Lindfield Art Show & Fair

OUR CHINESE CATHOLIC COMMUNITY

常年期第十九主日 11.08.2024

讀經一

(靠那食物的力量, 他走到天主的山。)

恭讀列王紀上 19:4-8

那時候, 先知厄里亞進入曠野, 走了一天的路, 來到一棵杜松樹下, 坐下求死, 說: 「上主啊! 現在已經夠了! 收去我的性命吧! 因為我並不如我的祖先好。」以後, 他就躺在那棵杜松樹下, 睡著了。

忽然, 有位天使拍醒厄里亞, 對他說: 「起來, 吃吧! 」他看了, 見在他頭旁邊, 有一塊用炭火烤熟的餅, 和一罐水; 他吃了喝了, 又躺下睡了。

上主的使者第二次又來, 拍醒厄里亞說: 「起來, 吃吧! 因為你還有一段很遠的路。」他就起來, 吃了, 喝了。厄里亞靠那食物的力量, 走了四十天四十夜, 一直到了天主的山島勒布。

——上主的話。(默想片刻)

答唱詠 詠 34 (33):2-9

【答】: 請你們體驗, 請你們觀看: 上主是何等和藹慈祥! (詠 34:9)

額: 我要時時讚美上主; 我的口舌不斷讚頌上主。願我的心靈, 因上主而自豪。願謙卑的人聽到, 也都歡喜雀躍。【答】

額: 請你們同我一起讚揚上主, 讓我們齊聲頌揚他的名字。我尋求了上主, 他傾聽了我的祈求: 由我所受的一切驚惶中, 將我救出。【答】

額: 你們瞻仰他, 要喜形於色; 你們的面容, 絕不會羞愧。卑微人一呼號, 上主立即俯允, 並且救援他, 脫離一切艱辛。【答】

額: 在那敬畏上主的人中間, 有上主的天使掌管護守。請你們體驗, 請你們觀看: 上主是何等和藹慈祥! 投奔他的人, 真是有福。【答】

讀經二

(在愛德中生活, 就如基督愛了我們。)

恭讀聖保祿宗徒致厄弗所人書 4:30-5:2

姊妹弟兄們:

你們不要叫天主的聖神憂鬱, 因為你們是在聖神內, 受了印證, 以等待那得救的日子。

要從你們當中, 除掉一切毒辣、怨恨、憤怒、爭吵、毀謗, 以及一切邪惡; 彼此要以良善、仁慈相待, 且要互相寬恕, 如同天主

在基督內, 寬恕了你們一樣。

所以, 你們應該效法天主, 如同蒙受寵愛的兒女一樣; 又應該在愛德中生活, 就如基督愛了我們, 且為我們把自己交出, 獻於天主, 作為馨香的供物和祭品。

——上主的話。(默想片刻)

福音前歡呼 (若 6:51)

額: 亞肋路亞。【眾】: 亞肋路亞。

額: 主說: 我是從天上降下的、生活的食糧;

誰若吃了這食糧, 必要生活, 直到永遠。

【眾】: 亞肋路亞。

福音 (我是從天上降下的、生活的食糧。)

恭讀聖若望福音 6:41-51

那時候, 耶穌說: 「我是從天上降下來的食糧。」

猶太人便對耶穌竊竊私議, 說: 「這人不就是若瑟的兒子耶穌嗎? 他的父親和母親, 不是我們都認識嗎? 怎麼他竟然說: 我是從天上降下來的呢? 」

耶穌回答說: 「你們不要彼此竊竊私議! 凡是派遣我的父所吸引的人, 誰也不能到我這裡來; 到我這裡來的, 我在末日要叫他復活。先知書上記載: 『眾人要蒙受天主的訓誨。』凡接受父的教導而學習的, 必到我這裡來。這不是說有人看見過父, 只有那從天主來的, 才看見過父。我實實在在告訴你們: 信從的人, 必得永生。

「我是生命的食糧。你們的祖先在曠野, 吃過『瑪納』, 卻死了。這是從天上降下來的食糧, 誰吃了, 就不死。

「我是從天上降下的、生活的食糧; 誰若吃了這食糧, 必要生活, 直到永遠。我所要賜給的食糧, 就是我的肉, 為使世界獲得生命。」

——上主的話。(讀後默想片刻)

華人天主教會北區中心

主日彌撒 正午 12 時

彌撒後, 請各教友參加午餐聚會

主日學 正午 12 時, 請聯絡北區中心

主牧職修文 司徒金美修文

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北區中心聯絡 Gloria Cheung

0416 118 089

Lord, in Jesus your Son, you restored to us the gift of everlasting life. Grant that life to:

Recently deceased: Brendan Walsh, Diana Roche, John McCarthy (uncle of Anthony Cassidy), Wandy Kopczynskiej, Sue Simmons (wife of Deacon Paul Simmons), Bishop Kevin Manning, Helen Loneragan, Anthony Baynie, Donald Drake. Anniversary: Kevin Cavanagh, Nora Kelliher, Ellen Lee, Faye Bartlett, Norma Campbell. And for: Deceased members of O'Sullivan and Whithers, Thomas William Wade, Gwen Dean.

PLEASE PRAY FOR THOSE WHO ARE SICK: Diane McGirr, Evina Wong, Mary Moran, Peter Tsang, Wolfgang Liers, Tanya Walsh, Jutta Mathur, Jessica Keen, Therese Playoust, Ali Crawford, Morna Sutherland, Barbara McMullen, Jesse Langford, Cyril Ferriere, Alex Noble, William Wise, Rosanna Comastri, Janette Brennan.

This year, we...



"I learn that God always has a plan for me" - Yr 7 delegate

"I've never been that interested in religion, and I've definitely wanted to explore it for a long time, and this is a great way to do it...and I come with my friends all the way from Melbourne!" - Yr 10 delegate

"To be connected with the Holy Spirit was an amazing experience" - Yr 8 delegate

"...All us girls can talk and share our faith in an environment we can do it and not feel judged or anything" - Yr 11 delegate

"So excited for the rally and the outdoor festival and the singers and Adoration and everything... can't get enough of it" - Yr 9 delegate



(late fees will apply after 10 Sep 2024)

Kids (primary school) \$125
Parents (of Kids tickets) \$175
 Family (2x primary kids plus) discount is also available. Above tickets are only for programmes during below times (incl. lunch):
Sat 28 Sep. 9am - 3:30pm and Sun 29 Sep. 10:45am - 1:30pm

Individuals (high school & adults) \$147.50
 (after special discount—scan QR code for info)

Individual tickets are for the full event (incl. lunch & 2x dinners):
Thu 26 Sep. 6pm through to Sun 29 Sep. 1:30pm

Inspiring practical workshops

For general info, registering your interest for discount code & childcare, visit:
<https://bit.ly/LindfieldKillara5001>

Samples of Talks & Topics (from last year's event)

Keynote Sessions

- Are You Tired of Living in a Small Story?
- Five Powerful Forces that have Shaped the Modern Secular Mind
- Awe and Wonder
- The Prophetic Voice of Mission
- Sustainable Youth Ministry
- Apostles for the New Millenium
- The All-Carb Diet: The Secret to Eternal Life (for Young Adults only)
- (years 7 - 12 will hear sharings from some of the best youth ministry experts)



Workshop Sessions (Talks)

- Authentic: Four Rules Every Man Should Live By (men only)
- Wake Up to Wonder (women only)
- Ignite Dance Workshop (open workshop for high school to adults)
- 7 Life Lessons of a Christian Swiftie (years 10 - 12 only)
- The Power of Words - vol. 2 (years 10 - 12 only)
- Influence Your World for God and for Good (years 10 - 12 only)
- Understanding Consent (years 10 - 12 only)
- Love, Sex and Truth (years 10 - 12 only)
- Brave and Beautiful (girls in years 10 - 12 only)
- Stronger (boys in years 10 - 12 only)
- The Holy Spirit - God's Ecstasy (years 10 - 12 only)
- Who's Your Tribe? (years 10 - 12 only)
- Set My Prayer Life on Fire (years 10 - 12 only)
- Getting Real in the Digital World (years 7 - 9 only)
- Getting Right with God in Reconciliation (years 7 - 9 only)
- Rewired - Authentic Relationships (years 7 - 9 only)
- You are Made for More (years 7 - 9 only)

(cont'd) Workshop Sessions (Talks)

- Liked vs Loved in a Social Media Obsessed World (years 7 - 9 only)
- Making the Most of Mass (years 7 - 9 only)
- Moved by Compassion - Social Responsibility (years 7 - 9 only)
- Purposeful Leadership (years 7 - 9 only)
- Holy Spirit 101
- Will My Pet Get to Heaven?
- The Problem with Porn
- Chosen and Gifted
- Love and Life
- Understanding Mental Health
- Getting to Know the Gospel of John
- Embracing Sacred Connections
- Best Bible Study in the World: A Tribute
- Called to Life: Principles for a Wonder-fuelled Life
- Dark Passages of the Bible
- What We Get Wrong about Creativity
- Spiritual and Emotional Maturity
- Moving Forward Through Conflict
- The Truth About Teamwork
- Laudato Si' Action Planning
- The Wonder of God's Healing Love
- Where We Think We Are Matters
- Uncovering God's Gifts of Wonder
- Discover God's Will for Your Life
- Sight Restored: Seeing God in All Things
- Living Holy Wild
- Encountering the Scriptures with Drama
- The Jewish Roots of the Eucharist
- Alone Together: The Loss of Community
- Unleash Your Testimony
- St Francis - A Joyful Prophet for our Time
- The Life You Want: Fullness/Faith for Young Adults
- Putting Philosophy to Work
- Engaging Disaffiliated Parents
- Scriptural Prayer with St Ignatius
- Living Out Your Faith Confidently
- Discovering and Activating our Gifts

Youth News

11

Children's Choir, Morning Tea & COG
August 11th, 10:15am @ Lindfield Church

18

Youth Mass with Monthly Pizza Night
August 18th, 6pm @ Lindfield Church

25

Children's Choir, Morning Tea & COG
August 25th, 10:15am @ Lindfield Church



Youth Mass Pizza Night

Top your Sunday night off with some great
pizza, friends and fun!

Get a slice of what community is all about at
our monthly parish pizza night!



Next Sunday night, August
18th, after the 6pm Youth
Mass up in St Brigid's Hall
@ Lindfield

Gold coin donation is appreciated

Saint of the Week St Mary Mackillop



St Mary Mackillop was born in Melbourne in 1842. Mary's family struggled financially, and Mary had to start working at aged 14. In 1866, MacKillop along with Fr Woods, founded the Sisters of St Joseph of the Sacred Heart. Through the work of Mackillop and the Sisters, many schools and institutions were established focusing on supporting and educating young people from poor families.

Mary MacKillop passed away in 1909 and is a patron saint of Australia. Her feast day is August 8th.

CHILDREN & YOUTH PERMISSION FORM FOR PARTICIPATION

If you haven't completed
the form for your child(ren)
already, please scan the QR
code to sign-up, or enter
below link on your browser
thank you:

[https://lindfieldkillara.chmeetings.com/
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SIGN UP NOW!



IGNITE CONFERENCE 24

Have you registered your interest yet?

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the Lindfield-Killara
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